BeTheChange

Youth Development & Education Catalog

\$5,000

\$5,000

\$5,000

Training

Antiracist Facilitation to Support Inclusive Classrooms

The best facilitators can design learning conditions that make every participant feel like a brilliant member of a learning community. Some of the greatest violence in our systems is initiated when we send some people the message that they are not smart enough, equipped enough, or worthy of being part of a team. Our facilitation methodology is built on the principles of equity and inclusion — that every person has something uniquely valuable to contribute, and that the facilitator unpacks and constructs learning with the group, rather than as a lecturer or instructor.

Curriculum →Images are clickable



Antiracist Youth Development

The youth development field is filled with passionate practitioners, but how do we combine passion with precision? The Youth Development framework offers a clear definition of healthy, productive adulthood. Clarifying these outcomes for young people can bring high-quality youth development practices into sharper focus. In this workshop, participants will learn ways to integrate researched based techniques into their work through facilitation, experiential curriculum, and relationship-building strategies.



Be the SEL Champion Young People Want... Flex Your EQ!

Young people gravitate towards adults that are fun, kind, and spirited. Adults who recognize and can name their emotions are more able to cascade skills to their students. Learn how Transformative Social Emotional Learning can increase our understanding of how our identities shape our experiences and definitions of success. Transformative SEL is anchored in justice-oriented citizenship for both adult and student. This session invites practitioners to reflect on the identities they hold in order to support behavior needs and create safe environments for student voice. Transformative SEL alone will not solve societal inequities; however it can help educators promote understanding, examine biases, reflect on the impact of structural racism, build relationships across differences, and cultivate practices that create more inclusive classrooms.



Training

Leaders of Today

\$5,000

By creating the right conditions for learning, we can help young people stay connected to their intrinsic motivation to learn, grow and act as leaders in the world around them. Start by allowing young people to take on meaningful roles to create powerful change and they will make the connection between what they want to do and what they want to learn. When young people's curiosity motivates their desire to learn, the ways we teach can dramatically shift.

Curriculum →Images are clickable



Name Games and Team Builders to Cultivate Connection

\$5,000

Young people need to feel a sense of ownership, connection, and input to stay engaged in the learning process. The icebreakers and team builders in this workshop are innovative and hands-on! Get youth moving, talking, and reflecting as a team whether they are in the classroom or on the field.



Project Management Skills for After School \$5,000 Site Coordinators

An after school site coordinator's role can never be captured on paper. People who gravitate to this field are real life superheroes and community advocates. There are 4 main components to the role: holding a strong youth development analysis, upholding legal and contractual compliance, cultivating relevant community partnerships and building a responsive after school team. There are many skills that are required in order to do this work well. In this session, participants will refine and strengthen one of the foundational skills this role requires: Project Management.

Project management is important because it brings leadership and direction to ALL work areas. Without project management, a team can be like a ship without a rudder; moving but without direction, control, or purpose. Leadership allows and enables team members to do their best work.



Restorative Conflict Resolution

\$5,000

In this session, participants will grapple with age-old questions of behavior guidance. How do we motivate our youth to make positive behavior choices when they really don't want to? How do we reframe conflict as learning opportunities to deepen our ability to form strong relationships and build skills? By shifting our questions from asking, "What rules were broken?" to "Who was harmed in our community?", restorative practices offer a pathway to reform trust and relationships after conflict. This training builds on the youth development principles of engagement, skill-building, and community involvement. Participants will learn simple and creative strategies to prevent conflict, intervene during the conflict, and restore relationships after conflict.



Training

Curriculum →Images are clickable

\$5,000

\$5,000

\$15,000

Transformative Social-Emotional Learning

Transformative SEL is anchored in the notion of justice-oriented citizenship, and we discuss issues of culture, identity, agency, belonging, and engagement as relevant expressions of the Collaborative for Academic, Social and Emotional Learning (CASEL) 5 core competencies. SEL can be a powerful lever for creating caring, just, inclusive, and healthy communities that support all individuals in reaching their fullest potential. It alone will not solve deep-seated inequities in the education system; however it can help organization leaders promote understanding, examine biases, reflect on and address the impact of racism, build cross-cultural relationships, and cultivate adult and student practices that close opportunity gaps and create more inclusive youth development programs.



Trauma-Informed Behavior Management

In the field of youth development, developing an understanding of trauma helps practitioners see, understand, and assess the young people around them, and design better interventions to support them. In this workshop, participants will begin by developing a holistic approach to mental and physical well-being, and then build a working definition of interpersonal, intergenerational, and systemic (such as racism, sexism and classism) trauma in the world around us. Holding a resilience and healing analysis, we will then unpack how the body naturally protects itself and heals itself from traumatic incidents. Through this analysis, we will be able to hold space for ourselves and others with more compassion and intelligence, to ultimately create more connected communities.



Supervision to Support Effective Employee Development (3 sessions)

80% of your budget pays for staff time — staff development is a must! This cohort series explores strategies for organizational leaders to provide the right combination of guidance and support to develop the natural talents of their team, serve as inspiration when the going gets tough, and set high expectations for those around them to achieve transformational results for youth. Developing these leadership qualities takes dedication and a passion to invest in those around you. This workshop promises a deep dive into the fundamental practices of high-quality staff development.

Session 1: Navigating the Arc of Staff Development Session 2: Providing Observation Based Feedback

Session 3: Coaching Skills for Supervision

