

# Conocimientos

- Is there a story to your name? Are you named for someone?
- How would your parents, grandparents identify themselves? (That is, if they were asked by someone of another culture or country, “Where are you from?” – what would they say?)
- What do you call yourself? How do you identify yourself?
- What economic class would your parents categorize themselves? What are/were their professions?
- How do/did your grandparents make their living?
- What is your birth order? Oldest, middle child, youngest?
- What aspirations did your parents have for you?
- Who did your parents hold up as an example for you?
- What qualities did your parents want you to look for in a life partner?
- Who, in your youth, was an example that inspired you?
- How does your childhood “hero / heroine” compare to anyone who inspires you now?
- What were the common important messages or motto's in your family?
- What are your current important motto's that you try and live by?
- What incident in your life put you on the road to the place you are now?
- What situations have made you feel most unsure of yourself? Who, if anyone, was with you at that time?
- What situations make you feel most sure of yourself? Who, if anyone, is with you at that time?